



# Golden Girls News

## March 2019

The GG league teams have been formed for the 2019 season. So, without further ado, here they are:

<b>TEAM 1 LIME</b>	<b>TEAM 2 SCARLET</b>	<b>TEAM 3 ORANGE</b>	<b>TEAM 4 ORCHID</b>
<b>Leigh Anne Adair</b>	<b>Gloria Mathers</b>	<b>Carmen Campbell</b>	<b>Marie Snyder</b>
<b>Jeanne VanDyke</b>	<b>Marilyn Mallery</b>	<b>Katy Page*</b>	<b>Barbara Jacobik</b>
<i>Claudia Cason</i>	<i>Zonnie Ayton</i>	<i>Duska Adams</i>	<i>Barbara Bitgood</i>
<i>Glenda Coleman</i>	<i>Coty Brotherton</i>	<i>Leigh Anne Arnold</i>	<i>Louise Boone</i>
<i>Weesie DiCaprio</i>	<i>Laci Brown</i>	<i>Linda "Baz" Baziluik*</i>	<i>Patricia Butler</i>
<i>Betsey Duce</i>	<i>Mary Calabrese</i>	<i>Ursula Brinkley</i>	<i>Laura Carver</i>
<i>Ann Dyson</i>	<i>Kathy Collett</i>	<i>Gina Byron</i>	<i>Rose Dummer</i>
<i>Lana R. Ford</i>	<i>Danielle Cook</i>	<i>Cynthia Cortner</i>	<i>Sue Duttine</i>
<i>Esther Haley</i>	<b>Betty de la Cruz*</b>	<i>Rose Marie Culp</i>	<i>Fran Green</i>
<i>Barbara Herriman</i>	<i>Carol Ferson</i>	<i>Carolyn Dalton</i>	<i>Kristin Haynes</i>
<i>Beth Hersey*</i>	<i>Martha Gaston</i>	<i>Co Duryea</i>	<i>Connie Hodson</i>
<i>Patricia Holmes</i>	<i>Gail Gordon</i>	<i>Eve Edwards</i>	<i>Teresa Hone</i>
<i>Diane Howard</i>	<i>Lori Grimm</i>	<i>Ginny Fallon</i>	<i>Tammy Jacobs</i>
<i>Lovenia "Roc" Johnson</i>	<i>Pamela Grosz</i>	<i>Adrienne Grafman</i>	<i>Margaret Keys*</i>
<i>Noelle Locke</i>	<i>Mary Logan</i>	<i>LaVerne Harris</i>	<i>Theresa Kraemer</i>
<i>Peg Moyer</i>	<i>Doreen Morin</i>	<i>Fern Knauf</i>	<i>Linda Sue "Legs" Pessagno*</i>
<i>Kathy Orchard-Hays</i>	<i>Anne Nelson</i>	<i>Nancy Madden</i>	<i>Terri Román</i>
<i>Tiffany Owens</i>	<i>Dawna Peich</i>	<i>Diane McCulla</i>	<i>Sandy Schwartz</i>
<i>Margo Parnell</i>	<i>Diane Smith</i>	<i>Janet Mittel</i>	<i>Kathy Smyrk</i>
<i>Lucy Sale</i>	<i>Lynn Smith</i>	<i>Holley Remer</i>	<i>Beverly Vaughn</i>
<i>Teresa Scott</i>	<i>Michaele Smith</i>	<i>Alison Shore</i>	<i>Christina Voss</i>
<i>Linda Sholl</i>	<i>Linda Steele</i>	<i>Carolyn Woods</i>	<i>Gail Whalen</i>
<i>Carrie Ullman</i>	<i>Shirley Thompson</i>	<i>Ida Wright</i>	<i>Vicki White</i>
<i>Helen Urban</i>	<i>Janet Weeks*</i>	<i>Christine Zender</i>	<i>Nancy Williams</i>
<i>Dory Wagner</i>	<i>Wendy Williams</i>		

- the team managers are at the top of each team's roster
- the names of players new to Golden Girls are in italic
- the names with an asterisk are founding members of Golden Girls...were members back in 1989, the first year that Golden Girls existed, and are still active players today.
- the team managers will be sending out a welcome letter to every player shortly.

## Golden Girls Breakfast

The Annual Breakfast will be on **March 30 starting at 9:00** at our usual spot - The Best Western Battlefield Inn at 4090 Sudley Rd in Manassas. If you forgot to add it to your registration, you can pay at the door. Because it is our 30<sup>th</sup> Anniversary, there will some special activities going on that you don't want to miss. **Bettie Pell is collecting donated gift cards and goods for door prizes - if you have any you would like to donate, please let her know ASAP at [thepells1@comcast.net](mailto:thepells1@comcast.net) or 540-878-2044.** Each league player will receive a swag bag containing each her league shirt and directory plus some other goodies. Everyone present will get a commemorative 30<sup>th</sup> Anniversary pin. **BE SURE TO BRING YOUR CHECKBOOK** so you can buy some Golden Girls clothing and other miscellaneous stuff at June's table - always chocked full of things you really can't live without. There will also be a raffle (bring some \$1 bills for the tickets) and many door prizes. We will be blessed with the presence of several of the original Golden Girls who are able to come to the breakfast. And the highlight of the whole morning will be the opportunity to meet many of the 1989 Golden Girls and hear their stories on how it all started.

## GGs Help Ready the Field



Marie Synder, Mary Calabrese, Lori Grimm, Leigh Adair, Duska Adams, Peg Moyer, Kathy Orchard-Hayes, Gina Byron, Katy Page.

The town of Vienna lets us use our softball fields free of charge - for which we are able to keep our dues to a very low rate. To show our appreciation, we give back to Vienna in many ways including participating in the annual sprucing up of the fields. This cold March 2 was no exception. A hardy group of 9 GGs brought yard maintenance equipment to Meadow Lane (our alternate field when South Side fields have issues) and helped the Vienna Girls Softball Association get the field ready for softball season. Rakes, shovels, blowers, wheel barrels, and good ol' muscle power got Meadow

Lane in tip-top shape while other ball organizations whipped South Side into tip-top shape Thank you, Vienna, sharing your fields with us and thanks to the 9 hardy GGs for representing us so well.

## Can't get enough Softball?

NVSS (Norther Virginia Senior Softball) is a co-ed senior league that plays double headers on Tuesday and Thursday mornings on various fields in Fairfax County. They are always looking for more players (men must be 50+, women 40+). Several Golden Girls play in NVSS and would like more company so visit [www.nvss.org](http://www.nvss.org) for more info and registration forms.

## How about Basketball?

I'm looking for women basketball players over 30. We play Sunday nights 5:30 to 7:30 at the Jewish Community Center in Fairfax. We don't keep score, but get a lot of great exercise. If you are know of any women in your league that might be interested, we have a few more games for this season. Anyone can come and check us out for a week to see if she is interested. Contact Holly Caporale [hcaporale@cbmcpa.com](mailto:hcaporale@cbmcpa.com) 202-822-0717. Golden Girl Gail Gordon plays in this league and can also give you information.

## HELP US CELEBRATE 30 YEARS IN A FUN WAY!

COME TO THE BALLPARK, THE **WASHINGTON NATIONAL'S** BALLPARK THAT IS, AND HELP SUPPORT THE GOLDEN GIRLS MARKETING CAMPAIGN!!!

To market our organization as well as enjoy camaraderie at a fun, still "on the field" event, please plan on joining us at a Washington Nationals MLB game. Bring whomever you want: family, friends, co-workers. Sell them to neighbors, businesses, anyone. Everyone is welcome! But to get this great deal, with the ability to spread the word about the Golden Girls to thousands of new faces across the DMV, we need to sell 100-150 tickets. So, we need your help.

The Nats have a program called "Non-Profit of the Night". It is designed for the exact purpose we are seeking, to bring awareness to our organization. Here's what's included:

Pre-Game On-Field Recognition  
Awareness Table on the Concourse  
Scoreboard Announcement

100-150 LL Seats (Lower Level Sections 110-108 or 135-137) ...these are LF/RF Corner Seats  
\$100-\$150 Concession Credits

**COST: \$41, includes \$10 concession credit AND \$5 Donation back to the GG Organization**

**GAME DAY = SUNDAY, MAY 26<sup>th</sup>**

**GAME TIME = 1:35 PM**

Please email Teresa Scott [scotttf09@yahoo.com](mailto:scotttf09@yahoo.com) to let her know the number of tickets you are interested in purchasing. We need to get an idea of how many are interested so we can begin final plans to pull this off. THANK YOU FOR YOUR SUPPORT OF OUR WONDERFUL PROGRAM NOW CELEBRATING ITS 30<sup>th</sup> YEAR IN EXISTENCE...



# Tournament News

The tournament teams are gearing up for the 2019 season. The next big tournament is in early April in Valdosta, GA. And our 50s team has already broken the ice with a tournament in Florida in January and Trish Holmes has a great report on what happened there.....

Florida, with its sunny beaches and warm southern weather was not the forecast for the Golden Girls 50s in the TOC tournament in Tampa, Florida. Arriving in Tampa on Thursday afternoon to a nice balmy mid sixties, the Golden Girls stepped out on the field on Friday for their game in the high 40's praying for the sun to come out to help warm things up.

Despite the cold the Golden Girls 50's came to play ball. Nancy Peterson started the Golden Girls out by snagging a line shot hit at third base in the 1<sup>st</sup> inning of their game against JWP from Arkansas to keep JWP scoreless in the first inning. JWP played good defense the first inning and after the end of the first inning the score was 0 - 0. After that, the Golden Girls scored in every inning, topping JWP after the end of game, 15-9. Glenda Coleman, Nancy Peterson, Cindy Hall, Kathy Smyrk, Althea Bageant, Sonya Johnson and Chris Voss all had 2 hits apiece to lead the Golden Girls to the win.

In their second pool play game the Golden Girl 50s battled Sunny Beaches from Florida. This game was a lower scoring game and closer game. But the GG 50's scored first in the 2<sup>nd</sup> inning and never gave up the lead winning 9-5. Nancy Peterson, Kathy Smyrk, Trish Holmes, Amy Johnson, Tracy Gersh, Althea Bageant and Sonya Johnson helped keep the lead with 2 hits each with Amy Johnson hitting a triple.

On Saturday morning, the double elimination portion of the tournament began. The Golden Girl 50's had earned the number one seed. The GG 50's once again faced off against Sunny Beaches. Sunny Beaches came out hitting strong taking the lead after the 1<sup>st</sup> inning and keeping it for most of the game. The Golden Girls battled hard, scoring runs in all but one inning to take the lead from Sunny Beaches in the top of the 5<sup>th</sup> inning. For the last 3 innings of the game the Sunny Beaches only managed to score 3 more runs while the Golden Girls added 8 more runs to their total in the 6<sup>th</sup> and 7<sup>th</sup> inning to win the game 19-13. Kim Adams had the hot bat in this game going 4 - 4. Nancy Peterson, Cindy Hall, Althea Bageant pounded out 3 hits each to help score the 19 runs. Amy Johnson also added a home run to help increase the score.

The Golden Girl 50's once again played another game against a familiar team, squaring off against JWP in the semi-finals. This was a see-saw game with the lead changing between the Golden Girls and JWP throughout the game. Both teams started out hitting strong with the GG 50's scoring all 5 of their runs in the 1<sup>st</sup> inning and JWP scoring also scoring all of their runs. In the top of the 7<sup>th</sup> inning JWP was leading the Golden Girls 12 - 10. The Golden Girls strung 4 base hits in a row to tie the game at 12 runs each. JWP came close to scoring in the bottom of the 7<sup>th</sup> when a hit to the right side of the field had the runner on first heading home. After a quick relay, Leigh Adair turned and fired the ball home to keep the game tied and going into extra innings. Despite having a runner starting out at second base for the Golden Girls were unable to score. JWP also started with a runner at second and with the 1<sup>st</sup> batter hitting a long line drive to right field, the game ended with a score of 13 -12. Cindy Hall, Amy, Althea Bageant, Leigh Adair and Duska Adams were the top hitters in this game with 2 hits each.

On Sunday, Mother Nature decided that Florida needed a bit of moisture and the tournament was called due to rain. JWP finished in first place with the Golden Girls taking second place. Nancy Peterson, Kim Adams and Amy Johnson were all selected for the all-tournament team. Glenda Coleman had a personal best of 9 walks in the tournament. Chris Voss, Duska Adams and Nancy Peterson all did a great job on the mound for the GG 50's. The Golden Girl 50's would like to welcome Amy Johnson and Tracey Gersh to the team.

# GG&F Travel Group's Upcoming Adventures

For those unfamiliar with GG&F (Golden Girls & Friends), it is an informal travel group for Golden Girls and their friends. This is our 19<sup>th</sup> year in existence and we have shared some wild and wonderful adventures all over the world. Our most recent trip was to Costa Rica in January and other destinations have been South Africa, the Galapagos Islands and Ecuador, Train across Canada, Australia & New Zealand, several Carribean cruises and all-inclusives, Finland/Norway/Sweden, Spain/Portugal/Morocco, cruise around the tip of South America, the Christmas Markets along the Rhine River, Viet Nam & Cambodia, cruise through the NW area of the US, and others. WHEW!

So what is coming up? We are going to Iceland and optional Greenland this August (still a few spots left), Antarctica Jan. 2020 (2 cabins left), and Italy in Oct 2020 (still in very early planning stages). If you have an itch for travel, we can scratch it!

For more information about any of the travels, contact Marilyn Mallery [mamallery@comcast.net](mailto:mamallery@comcast.net). Hope you can join us - we *always* have a great time.

## A Few Chuckles

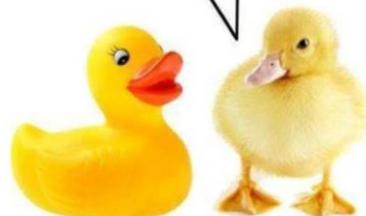
Two robins were sitting in a tree. "I'm really hungry," said the first one. "Let's fly down and find some lunch." They flew down to the ground and found a nice plot of newly plowed ground that was full of worms. They ate and ate and ate till they could eat no more. "I'm so full, I don't think I can fly back up into the tree," said the first one. "Let's just lay back here and bask in the warm sun," said the second. "OK," said the first. So they plopped down, basking in the sun. No sooner than they had fallen asleep, when a big fat tomcat came up and gobbled them up. As the cat sat washing his face after his meal, he thought "I just love Baskin Robbins."

What do we learn from  
cow, buffaloes & elephants?



It's impossible to reduce  
weight by eating green grass  
and salads and walking

I CAN'T BELIEVE YOU  
GOT PLASTIC SURGERY!!!



"Bad news, its curiosity"