

GOLDEN GIRLS NEWS

JUNE 2014

I've designed a new uniform for our league teams that I think are more appropriate: This would allow us to get many more games in although it might be a challenge to hold the umbrella and a bat or a glove. On the up side, we could play in The Pond on Field 2 at Southside when the hits are to the left side of the field. It would also help keep the bugs out of our eyes at Meadow Lane. We could get sponsors to put advertisements on the umbrellas! What do you think?



VERY IMPORTANT ANNOUNCEMENTS

July 5: **There will be no games on July 5 - not even pickup.** Vienna has closed the fields because of the Town's Fourth of July celebrations and ensuing cleanup.

Because the Penn Hills tournament games are not until Friday, Saturday, and Sunday, **we can now play on July 22 and July 23.** Shhhh...Maybe the rain gods won't get this newsletter and will leave us alone!!

Tuesday, July 22: Green v. Garnet

Wednesday, July 23: Blue v. Rose

The matches were selected based on the number of games teams have played against each other. To date, Green and Garnet have only played each other 2 times, and Rose and Blue have played each other 3 times. A new schedule reflecting these changes will be posted on the website.

Due to summer vacations the Tuesday & Wednesday games will probably be short players and if anyone wants to show up either night they most likely would get to play.

Keep in your thoughts

Condolences go out to Betsey Duce whose brother passed away and to Helen Boyd whose sister passed away.

Linda Steele lost her mother on Sunday, June 15th after a long struggle with Alzheimer's. A memorial service was held on Saturday, June 21.

Lucy Sale, Jane Rogers, and Connie Jamison all had knee replacements recently and are on the road to recovery. Anne Whatley is investigating a possible knee replacement in the near future.

Shelley Stewart will be out for a while she recovers from a millstone falling on her foot.

Janis Lewis reports that former Golden Girl, Rusty Dowling, will have coronary bypass surgery on June 30th at V.C.U. She is sure Dusty would appreciate hearing from anyone who recalls this athlete and friend. Send cards to 12349 New Market Mill Road Beaverdam, Va. 23015

Kathy Collett reports that Rob's mother Dee age 98 passed away at home in her sleep on June 8, 2014 after a long illness. Dee was a member of the Vienna Women's Club and assisted with scholarship awards for students, she volunteered at the Fair Oaks Hospital Thrift Store and knitted hats for the babies, she assisted in making quilts for the soldiers at Walter Reed and she was an Occupational Therapist during WW2. There will be a life celebration at the Presbyterian Church in Vienna on July 18 for Dee.

CHO Time

Bettie Pell will be taking your CHO (Committee Helping Others) donations of hygiene products, baby products, food, cash or checks on the days she will be playing for the Green Team. This is an organization that the Golden Girls has been supporting for a long time as our way of saying thanks to the city of Vienna for letting us use the softball fields for free.

Lost and Found

The lost and found collection is growing - this is not a good thing. Please put your name and phone number on ALL your equipment including water bottles, gloves, bats, batting gloves, hat, jackets, and anything else you bring to the field. You might want to check out the L&F box to see if something of yours is in it.

Check this out!

The Softball West magazine recently had a great article about senior women's softball in it. Click <http://softballwest.com/articles/605/> to read the article. The Golden Girls are mentioned in it.

GG Holiday Party

GG Holiday Party will be held on 30 November at the home of Lynn Smith. Back by popular demand will be the wall of fame consisting of youthful photos of GGs between the ages of 5 and 12. We had fun last year with teenage photos so we will make it a little harder this year. No baby pictures please. Also, the Redskins play the Colts that day. Never let it be said that the Golden Girls don't give you enough advance notice!

Calling all bowlers!

Laura Carver is looking to start a new sanctioned bowling league on Friday Morning at Bowl America Chantilly. The league will start in September. Please email at tlcarver@cox.net or call her at 703-323-6304 for more information. A meeting will be held before the first bowling morning. Everyone is invited to join - no experience needed. Yet another opportunity to spend time with your fellow Golden Girls.

2014 is Senior Olympics Qualifier Year

Some of you might not be aware of the National Senior Games aka The Senior Olympics that are held in odd numbered years. This is a huge gathering of senior athletes in a multitude of sports, including softball that is held in different locations in the USA. The event in 2015 will be held in Minneapolis and its suburbs. In order to play in the National Senior Games, you or your team must qualify in a state held event in the even numbered years - like 2014. Our tournament softball teams are preparing to play in qualifying events in various locations (you do not have to qualify in your home state). To qualify as a team or as an individual, you must place 1-4 in your age bracket in your sport. Several Golden Girls qualify not only in softball but also in other sports such as tennis, swimming, bowling, and track. For more information go to www.nsga.com. As an FYI, the Golden Girls has had at least one softball team participate in the Senior Olympics at the National level since 1991.

Our own Carmen Campbell serves on the council for the Maryland Senior Games and she invites all interested athletes to come to Maryland and qualify in whatever sport you play. The qualifying events occur between August 16 and September 28 depending on the sport. Go to www.mdseniorolympics.org for more information and registration forms.

Galendar

Wed. Aug 20 @ 7:00 pm Golden Girl Board Meeting. Wesley United Methodist Church 711 Spring St. Vienna. All members are invited. No board meeting in July.

Sun. Nov 30 Holiday Party Lynn Smith's home in Annandale. Details later.

Meet Molly Helms

[As I mentioned in last month's newsletter, I hope to feature an introductory piece on one of our newest members in the coming months. Molly Helms graciously volunteered to introduce herself this month]

Born: June 24th 1959 at Our Lady of Lourdes, Camden, NJ where I also attended nursing school. Lived in NJ, California, Florida, PA, Iowa, Singapore and S. Korea - my favorite place to live was Iowa because of the schools, church, and people but living overseas we had the opportunity to visit some amazing places like Mongolia - one of my favorite places.

Family: Jon and I have two children: Hanna 21yrs old who attends UVA and Jonathan who will be attending NYU in the fall - and then the EMPTY NEST!! Jon and I own a business in Herndon - ARCPoint Labs located in Herndon, VA - We do drug and alcohol testing, DNA testing and wellness.

Work: Worked in the high risk obstetrics floors in DE and FL for many years and then as a school nurse in Seoul, S. Korea.

How I found GG: What brought me to the Golden Girls were my conversations with Cindy Browning - Rita Ritter's daughter and I knew that the empty nest was approaching fast and that I needed an outlet from work. Everyone has been very encouraging and helpful - which I certainly appreciate.

Tournament Team News

4 Golden Girls tournament teams (50s, 65s, 70s, and 75s) recently travelled to Hendersonville, TN (outside of Nashville) to play in a large tournament. Below are reports from all the teams....Golden Girls really kicked butt in Tennessee!

50s : Traveling with a lean roster (11), the 50s start off with air travel challenges due to storms moving through the DC area. The Friday morning rain delay in Hendersonville helped some, but it still meant they would play with just 10 players the first few games. Special thanks to Nancy Anthony who spent endless hours at the airport doing whatever she could to get to Hendersonville! She races out of a taxi onto the field Friday night and the team was happy to see her smiling face. And as this team loves challenges, they were given the large fields (320'- 360') to play on. So the outfielders worked especially hard on running down balls and knowing there were no subs, this team never gave up. You have to love their passion and sportsmanship. Overall the 50s ended 1-4 but it was a team that worked hard together, supported each other and never gave up (did a little singing and dancing too at the Friday BBQ). They had some close and competitive games and there is no doubt the 50s team will be ready for

the next tournament. Thanks to all that made the trip and all the hard work each player put into a great weekend. Our Majors status will be appealed for the next tournament hopefully giving us a chance to compete against like teams. The 50's are hoping to go to the Villages in August and will definitely be in Dalton for September.

65s: The 65s had 7 teams competing. Jolico (MI), Grey Power (CANADA and MI), Smokey Mountain Stars (TN), Golden Gals (FL), Delaware Blue Chicks, Fun Bunch (USA) and Golden Girls. We started pool play with losing to Jolico 7 to 4 on Thursday, we got our bats working against Smokey Mountain Stars and won 14 to 12. Against the Fun Bunch our bats went AWOL again and we lost 12 to 5 in pool play. We were seated 4th of 7. Our 1st double elimination game was against the Smokey Mountain Stars and we won 14 to 1. Next we played the Fun Bunch again and took our 1st loss at 5 to 1. We played Jolico again and won 16 to 5. Our next game was against Grey Power and we won 13 to 7. Our 3rd opponent of the day was the Florida Golden Gals and we won 11 to 10. We now were scheduled to play the Fun Bunch again in the Championship game. We lost 6 to 3 and came in 2nd. The umpires said the last two games were the best games they have ever been involved in and thanked us for wonderful play. Katy Page was our MVP. All Tournament Team members were Dory Wagner, Diane Belge and Peg Moyer.

70s: All the rain made us feel right at home! After a rain delay on the first day, we managed to get our first game in against the Golden Gals but did not meet with success. Later the day we tried to play against the Canada team but the heavens opened up and that was that for the day. The next morning we finished the Canada game (which we lost) and then played the Thoroughbred Classics which we won! With 8 teams there, we were split into 2 divisions with us being in the AAA division. Next morning was met with torrential showers and everything was delayed again. We finally got going and played the Chargers in first round of DE which we lost due to dead bats. We immediately had to play the Classics again which we won and then immediately played the Chargers twice to win the division! We had only 11 players there and after playing 4 games back to back, we were hurtin' pups but also very happy pups! Every single team member did an outstanding job and showed determination and spirit - it was fabulous. We are primed for Knoxville in July!

75s: Our practices were limited due to the weather but the ones we had were great with the help of Greg and Anne along with George. We traveled to Hendersonville, TN in June where we played seven competitive games in three days and were beaten by our nemesis, Florida Spirit in the final game for a second place win. It was so much fun to cheer on our other Golden Girls teams when we weren't playing and joining them in the breakfast area in the morning. The Golden Girls 70s came in first, the 65s came in second and the 50s put up a valiant fight so our organization is definitely improving. Our goal for 2014 is to qualify for the Nationals and be a strong contender in all tournaments.

Some other Golden Girls (past and present) were also there playing with the MD Roadrunners. Lori Grimm, Pam Joseph, Colleen Goodwin and Kathy Collett helped their team win first in the 55s division. Pam Joseph was one of the All Tournament selections.

Some Neat Quotes about Baseball but would work for Softball

- There have been only two authentic geniuses in the world, Willie Mays and Willie Shakespeare. — Tallulah Bankhead
- Ninety percent of this game is half mental. — Yogi Berra
- The way to make coaches think you're in shape in the spring is to get a tan. — Whitey Ford
- I watch a lot of baseball on radio. — Gerald Ford
- If you get three strikes, even the best lawyer in the world can't get you off. — Bill Veeck
- The other teams could make trouble for us if they win. — Yogi Berra

- Third ain't so bad if nothin' is hit to you. — Yogi Berra
- Well, it took me 17 years to get 3,000 hits in baseball, and I did it in one afternoon on the golf course. — Hank Aaron
- We know we're better than this, but we can't prove it. — Tony Gwynn
- All I remember about my wedding day in 1960 is that the Giants lost a doubleheader to the lowly Cubs. — Jim Beckman
- Never root for a team whose uniforms have elastic stretch waistbands. — Susan Sarandon
- There ain't much to being a ballplayer, if you're a ballplayer. — Honus Wagner
- The funny thing about these uniforms is that you hang them in the closet and they get smaller and smaller. — Curt Flood
- When you start the game, they don't say "Work ball!" They say "Play ball!" — Willie Stargell
- Slump? I ain't in no slump. I just ain't hitting. — Yogi Berra
- A man once told me to walk with the Lord. I'd rather walk with the bases loaded. — Ken Singleton
- If you don't succeed at first, try pitching. — Jack Harshman
- He looks like a greyhound, but he runs like a bus. — George Brett on third baseman Jamie Quirk

This is the only time you will see this phenomenon in your life.

Calendar August 2014

Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

This August will have 5 Fridays, 5 Saturdays and 5 Sundays.

This happens only once every 823 years.

The Chinese call it 'Silver pockets full'.